

# SOMETHING SCRUMPTIOUS FOR EVERYONE

Milano

## Allergens Information

Our allergen and suitability menu below details information on our ingredients and dishes. This information is also held within the restaurant to help you make the right choice – please ask our team

20th June 2017 Version 2

INGREDIENT	DOES IT CONTAIN?																		ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites		Vegetarian	Vegan	Coeliacs
Anchovies White		✓																	✓ Vinegar		✓			✓	None
Antipasto Mix (ingredient - coppa, finocchiona and milano salami)						✓																		✓	None
Artichokes																	✓					✓	✓	✓	None
Asparagus																						✓	✓	✓	None
Baby Cones					✓ Wheat						✓											✓	✓		None
Baby Figs																			✓ Rum & Wine		✓	✓	✓	✓	Figs marinated in Rum and White Wine syrup
Balsamic Vinegar																			✓ Vinegar		✓	✓	✓	✓	None
Bechamel	✓					✓					✓					✓		✓				✓		✓	Pasteurised Milk.
Black Olives																						✓	✓	✓	Pitted black olives
Bolognese Sauce (kids)						✓								✓	✓	✓	✓	✓						✓	None
Bruschetta Mix (tomato)															✓		✓					✓	✓	✓	Prepared in House
Buffalo Mozzarella	✓																					✓		✓	Pasteurised cheese
Butter	✓																					✓		✓	Pasteurised Butter

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
Calabrese Sausage																									✓	None
Calamari (Ingredient)				✓	✓ Wheat																					Noe
Caesar Dressing	✓	✓					✓				✓						✓		✓ Vinegar	✓					✓	Unpasteurised Cheese
Cannelloni (ingredient)	✓				✓ Wheat	✓	✓										✓	✓		✓			✓		Pasteurised milk and egg	
Cajun Spice																	✓	✓					✓	✓	✓	None
Capers																			✓ Vinegar				✓	✓	✓	None
Carlo (Starspray)						✓														✓			✓	✓	✓	Emulsion Based on Vegetable Oil
Chicken Roast Fillets						✓ Dex-trose																			✓	
Chocolate Brownie (Ingredient)	✓					✓	✓				✓									✓			✓		✓	Pasteurised milk and egg
Chocolate Fondant (ingredient)	✓				✓ Wheat		✓				✓									✓			✓		Pasteurised milk and egg	
Chocolate Fudge Cake Mix	✓				✓ Wheat		✓																✓		Pasteurised Milk. Unpasteurised egg	
Chocolate Icing for Chocolate Fudge Cake																							✓	✓	✓	Rich & Creamy Ready To Spread Icing/ Chocolate Fudge
Chocolate Straws	✓										✓												✓	✓	✓	None
Chocolate Sauce																							✓	✓	✓	None
Coleslaw (Ingredient)							✓				✓					✓	✓	✓	✓ Vinegar	✓			✓		✓	Pasteurised Eggs

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			INFO		
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan		Coeliacs	
Croutons					✓ Wheat																	✓	✓		None	
Diced Onions and Peppers Mix																		✓					✓	✓	✓	None
Double Cream	✓																						✓		✓	Pasteurised
Dough					✓ Wheat	✓															✓		✓	✓		None
Eggs							✓																✓		✓	Free Range
Extra Virgin Olive Oil																							✓	✓	✓	None
Fruit Coulis (Blackcurrant)						✓															✓		✓	✓	✓	None
Garlic																	✓						✓	✓	✓	None
Garlic Oil																	✓						✓	✓	✓	Prepared in House
Gelato Chocolate	✓																						✓		✓	Pasteurised
Gelato Salted Caramel	✓					✓					✓												✓		✓	Pasteurised
Gelato Strawberry	✓					✓																	✓		✓	Pasteurised
Gelato Vanilla	✓																						✓		✓	Pasteurised
Gluten-Free Base (Kids)						✓															✓		✓	✓	✓	None
Gluten-Free Main Base (Classic)						✓															✓		✓	✓	✓	None
Gluten-Free Dough Balls (Ingredient)						✓															✓		✓	✓	✓	None
Gluten-Free Flour																							✓	✓	✓	Product is wheat-free
Goat's Cheese	✓																						✓		✓	Pasteurised Goat's Milk
Gran Milano	✓																						✓		✓	Pasteurised Milk.

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar			Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan
Ham						✓															✓			✓	None
Honey & Mustard Dressing										✓							✓		✓	✓		✓		✓	None
Honeycomb Cream Slice	✓				✓ Wheat	✓					✓								✓	✓		✓			Eggs and Milk are pasteurised. Cake is not baked.
Hot Green Peppers																			✓ Vinegar		✓	✓	✓	✓	None
House Dressing						✓				✓							✓	✓	✓ Vinegar		✓	✓		✓	Pasteurised Egg.
Jalapeño Peppers																			✓ Vinegar		✓	✓	✓	✓	None
Lasagna	✓				✓ Wheat	✓	✓							✓	✓	✓	✓	✓							Pasteurised Milk and Egg.
Lemon Posset Crunch (ingredient)	✓				✓ Wheat															✓		✓			Pasteurised milk
Light House Dressing						✓				✓							✓	✓	✓ Vinegar		✓	✓		✓	Pasteurised eggs
Light Mozzarella	✓																					✓		✓	Pasteurised Milk
Mango & Yogurt Lolly (Ingredient)	✓																					✓		✓	Pasteurised Milk
Mascarpone	✓																					✓		✓	Pasteurised Cream
Mozzarella Cubes	✓																					✓		✓	Pasteurised Milk
N'duja Sausage																								✓	None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?			INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian		Vegan	Coeliacs	
Oil - Blended																							✓	✓	✓	Blend of Sunflower and Extra Virgin Oil
Olives (Marinated)						✓											✓	✓					✓	✓	✓	None
Pennette Pasta					✓ Wheat																		✓	✓		None
Peppadew																				✓ Vinegar			✓	✓	✓	None
Pepperoni																	✓								✓	None
Pesto (Original)	✓					✓			✓ Pine Kernels								✓						✓		✓	Pasteurised cheese
Pestorissa Dip											✓					✓	✓			✓ Vinegar			✓	✓	✓	None
Piccolo Ice Pop																							✓	✓	✓	None
Pine Kernels									✓ Pine Kernels														✓	✓	✓	None
Polenta Chips (Ingredient)					✓ Wheat	✓																	✓	✓		None
Raspberry Sorbet																							✓	✓	✓	Dairy-Free Sorbet
Red & Yellow Peppers (Grilled and Sliced)																							✓	✓	✓	None
Red Onion Chutney						✓												✓		✓ Vinegar			✓	✓	✓	None
Risotto Base	✓					✓								✓			✓	✓		✓ Wine	✓		✓		✓	Pasteurised Milk

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?			INFO	
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan		Coeliacs
Roquito Peppers																			✓ Vinegar			✓	✓	✓	None
Roquito Peppers Pearls																			✓ Vinegar			✓	✓	✓	None
Salted Caramel Profiteroles	✓				✓ Wheat	✓					✓											✓			Pasteurised milk and egg
Sloppy Giuseppe Mix						✓									✓	✓	✓							✓	Spicy Beef mixed with Diced Onions, Peppers, and Tomato Sauce
Spicy Beef						✓											✓	✓						✓	None
Smoked Chilli Powder																	✓	✓		✓		✓	✓	✓	None
Spinach																						✓	✓	✓	None
Superfood Mix										✓	✓						✓		✓ Vinegar			✓	✓	✓	None
Syrup - Vanilla																						✓	✓	✓	None
Tiramisu	✓				✓ Wheat	✓	✓				✓								✓ Wine			✓			Pasteurised milk and egg. Cake not baked
Tabasco (Red)																			✓ Vinegar			✓	✓	✓	None
Tabasco (Green)						✓													✓ Vinegar			✓	✓	✓	None
Tomato Sauce															✓							✓	✓	✓	None
Tomato (Roasted)															✓	✓				✓		✓	✓	✓	None
Tuna		✓																						✓	None
Vanilla Cheesecake	✓				✓ Wheat	✓	✓													✓		✓			Pasturised milk and egg
Worcester Sauce		✓			✓ Barley												✓	✓	✓ Vinegar						None

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO
------------	------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	-------------------------	------

*Milk/Dairy*    *Fish*    *Crustaceans*    *Molluscs*    *Cereals containing gluten*    *Maize*    *Egg*    *Peanuts*    *Nuts*    *Sesame Seeds*    *Mustard*    *Soya*    *Lupin*    *Celery*    *Mushrooms*    *Tomatoes*    *Garlic*    *Onion*    *Alcohol/derivatives of alcohol/Vinegar*    *Rapeseed*    *Sulphur Dioxide / Sulphites*    *Vegetarian*    *Vegan*    *Coeliacs*

TO BEGIN AND STARTERS

Olives Marinated					✓											✓	✓				✓	✓	✓	None
Roasted Tomatoes															✓	✓					✓	✓	✓	None
Dough Balls	✓				✓ Wheat	✓										✓					✓			Suitable for vegans if Garlic Butter is substituted with garlic or Chilli Oil.
Doppio Dough Balls	✓				✓ Wheat	✓			✓ Pine Kernels		✓				✓	✓		✓ Vinegar	✓		✓			None
Gluten Free Dough Balls	✓					✓										✓					✓		✓	Can be suitable for vegans if the Garlic Butter is substituted with garlic or Chilli Oil.
Garlic Bread with Mozzarella	✓				✓ Wheat	✓										✓					✓		✓	None
Caesar Salad	✓ In Dressing	✓ In Dressing and Anchovies			✓ Wheat in Crou-tons		✓ Fresh and in Dressing				✓ In Dressing					✓ In Dressing		✓ Vinegar In Dressing	✓ In Dressing and Crou-tons	✓ In Dressing and Anchovies				Suitable for coeliacs without crouton.
Bruschetta Originale	✓				✓ Wheat	✓			✓ Pine Kernels						✓	✓	✓				✓			None
Buffalo Mozzarella & Tomato Salad	✓								✓ Pine Kernels						✓	✓					✓		✓	None
Calamari	✓	✓		✓	✓ Wheat		✓			✓						✓		✓ Wine	✓					None
Classic Italian Antipasto	✓				✓ Wheat	✓					✓ In Pe-storissa				✓	✓	✓ In Mar-inated Olives	✓ Vinegar	✓					None
Risotto Primavera	✓ In Risotto, Cheese and Butter					✓ In Risotto								✓ In Risotto		✓ In Risotto, Garlic Oil and Butter	✓	✓ Wine	✓			✓	✓	None



INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>SALADS</b>																										
Leggera Superfood Salad						✓ In Dressing					✓	✓						✓	✓	✓ Vinegar		✓	✓		✓	None
Niçoise		✓ In Tuna and Anchovies			✓ Wheat In Dough	✓ In Dough	✓ Fresh and In Dressing				✓ In Dressing					✓	✓ In Dressing	✓ In Dressing	✓ Vinegar In Dressing, Anchovies and Capers	✓ In Dough	✓ In Dressing and Anchovies					This dish can be made suitable for coeliacs if served without Dough Sticks
Pollo	✓ In Goats Cheese				✓ Wheat in Dough	✓ In Dough and Chicken	✓ In Dressing				✓ In Dressing					✓	✓ In Dressing	✓ In Dressing	✓ Vinegar in Peppers and Dressing	✓ In Dough and Croustons	✓ In Dressing					This dish can be made suitable for coeliacs if served without Dough Sticks and croustons
Grand Chicken Caesar	✓ In Dressing and Cheese	✓ In Dressing and Anchovies			✓ Wheat in Dough	✓ In Dough and Chicken	✓ Fresh, in Dressing				✓ In Dressing						✓ In Dressing		✓ Vinegar in Dressing and Anchovies	✓ In Dough, Dressing and Croustons	✓ In Anchovies					This dish can be made suitable for coeliacs if served without Dough Sticks and croustons

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan
<b>AL FORNO</b>																									
Cannelloni	✓				✓ Wheat	✓	✓					✓				✓	✓	✓		✓		✓			None
Lasagna Classic	✓				✓ Wheat	✓	✓							✓	✓	✓	✓	✓							None
Pollo Pesto	✓				✓ Wheat	✓	✓		✓ Pine Kernels			✓			✓	✓ In Be-chamel	✓	✓							None
Risotto Primavera	✓					✓								✓			✓	✓	✓ Wine	✓				✓	None

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>PIZZAS</b>																										
Calabrese	✓				✓ Wheat	✓	✓		✓ Pine Kernels							✓	✓		✓ Vinegar in Roquitos	✓						Can be made suitable for coeliacs on a gluten free base
Pollo ad Astra Leggera	✓				✓ Wheat	✓	✓ In Dressing				✓ In Dressing					✓	✓	✓	✓ Vinegar in Dressing	✓	✓ In Dressing				None	
Padana Leggera	✓				✓ Wheat	✓	✓ In Dressing				✓ In Dressing					✓	✓	✓ In Pizza and Dressing	✓ Vinegar in Dressing and Caramelised Onions	✓	✓ In Dressing	✓			None	
American Hot Leggera	✓				✓ Wheat	✓	✓ In Dressing				✓ In Dressing					✓	✓	✓ In Dressing	✓ Vinegar in Peppers	✓	✓ In Dressing & Jalapeños/hot green peppers				None	
Superfood Mix Upgrade											✓	✓					✓	✓ Vinegar				✓	✓	✓	None	
Margherita Bufala	✓				✓ Wheat	✓										✓	✓			✓		✓			Can be made suitable for coeliacs on a gluten free base	
American Hot	✓				✓ Wheat	✓										✓	✓		✓ Vinegar	✓					Can be made suitable for coeliacs on a gluten free base	

INGREDIENT	DOES IT CONTAIN?																		ARE THESE SUITABLE FOR?	INFO						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion			Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>PIZZAS (CONTINUED)</b>																										
Padana	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Caramelised Onions	✓		✓				Can be made suitable for coeliacs on a gluten free base
Pollo ad Astra	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar	✓						Can be made suitable for coeliacs on a gluten free base
Diavolo	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Hot Green Peppers and Tabasco	✓	✓ In hot Green Peppers					Can be made suitable for coeliacs on a gluten free base
Pollo Forza	✓				✓ Wheat	✓										✓	✓	✓	✓ Vinegar in Roquito Peppers	✓						Can be made suitable for coeliacs on a gluten free base
American	✓				✓ Wheat	✓										✓	✓			✓						Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>PIZZAS (CONTINUED)</b>																										
Margherita	✓				✓ Wheat	✓										✓				✓		✓				Can be made suitable for coeliacs on a gluten free base
La Reine	✓				✓ Wheat	✓								✓	✓					✓	✓					Can be made suitable for coeliacs on a gluten free base
Fiorentina	✓				✓ Wheat	✓	✓								✓	✓				✓		✓				Can be made suitable for coeliacs on a gluten free base
Pianta					✓ Wheat	✓			✓ Pine Kernels					✓	✓	✓			✓ Vinegar in Artichokes	✓		✓	✓			Can be made suitable for coeliacs on a gluten free base
Veneziana	✓				✓ Wheat	✓			✓ Pine Kernels						✓		✓		✓ Vinegar in Capers	✓	✓ In Sul-tanas	✓				Can be made suitable for coeliacs on a gluten free base
Sloppy Giuseppe	✓				✓ Wheat	✓									✓	✓	✓		✓							Can be made suitable for coeliacs on a gluten free base
Soho 65	✓				✓ Wheat	✓	✓								✓	✓			✓			✓				Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO			
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan
<b>SIDES</b>																									
Mixed Salad						✓ In Dressing				✓ In Dressing						✓	✓ In Dressing	✓ In Dressing	✓ Vinegar Dressing		✓ In Dressing	✓		✓	None
Coleslaw						✓				✓						✓	✓	✓	✓ Vinegar	✓		✓		✓	None
Polenta Chips (Side)	✓				✓ Wheat	✓				✓							✓		✓ Vinegar	✓		✓			None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO					
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar			Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>DESSERTS</b>																										
Chocolate Fondant (served with ice cream)	✓				✓ Wheat	✓						✓								✓		✓				None
Chocolate Fudge Cake (served w. Cream, Ice cream or Mascarpone)	✓				✓ Wheat	✓																✓				Pasteurised milk. Egg not pasteurised.
Honeycomb Cream Slice	✓				✓ Wheat	✓						✓								✓		✓				None
Vanilla Cheese Cake w. Fruit Coulis (Blackcurrant)	✓				✓ Wheat	✓	✓													✓		✓				None
Tiramisu	✓				✓ Wheat	✓	✓												✓ Wine			✓				None
Chocolate Brownie with Ice Cream	✓					✓	✓					✓								✓		✓		✓		None
Raspberry Sorbet																						✓	✓	✓		None
Coppa Gelato Vanilla	✓											✓ In Straw										✓		✓		None
Coppa Gelato Chocolate	✓											✓ In Straw										✓		✓		None
Coppa Gelato Strawberry	✓					✓						✓ In Straw										✓		✓		None
Coppa Gelato Salted Caramel	✓					✓						✓ In gela-to and Straw										✓		✓		None

INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO					
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs		
<b>DOLCETTI (NOT INCLUDING COFFEES - SEE DRINKS LIST)</b>																										
Salted Caramel Profiteroles	✓				✓ Wheat		✓					✓											✓			None
Dolcetti - Gluten Free Brownie	✓					✓		✓				✓								✓		✓		✓	None	
Caffè Reale	✓																		✓ Rum & Wine		✓ In Figs	✓		✓	None	
Dolcetti - Lemon Posset Crunch	✓				✓ Wheat															✓		✓			None	



INGREDIENT	DOES IT CONTAIN?																			ARE THESE SUITABLE FOR?	INFO
------------	------------------	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	-------------------------	------

*Milk/Dairy*   *Fish*   *Crustaceans*   *Molluscs*   *Cereals containing gluten*   *Maize*   *Egg*   *Peanuts*   *Nuts*   *Sesame Seeds*   *Mustard*   *Soya*   *Lupin*   *Celery*   *Mushrooms*   *Tomatoes*   *Garlic*   *Onion*   *Alcohol/derivatives of alcohol/Vinegar*   *Rapeseed*   *Sulphur Dioxide / Sulphites*   *Vegetarian*   *Vegan*   *Coeliacs*

**PICCOLO MENU**  
**PICCOLO STARTERS**

Dough Balls with Garlic Butter	✓				✓ Wheat	✓										✓			✓					None
Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar					✓ Wheat	✓												✓ Vinegar	✓	✓	✓	✓		None
Gluten Free Dough Balls with Garlic Butter	✓					✓										✓			✓			✓		None
Gluten Free Dough Balls with Extra Virgin Olive Oil and Balsamic Vinegar						✓												✓ Vinegar	✓	✓	✓	✓	✓	None
Piccolo Salad															✓						✓	✓	✓	None

**PICCOLO PIZZAS**

American	✓				✓ Wheat	✓								✓	✓			✓						Can be made suitable for coeliacs on a gluten free base
Pollo	✓				✓ Wheat	✓								✓				✓						Can be made suitable for coeliacs on a gluten free base
La Reine	✓				✓ Wheat	✓							✓	✓				✓						Can be made suitable for coeliacs on a gluten free base
Margherita	✓				✓ Wheat	✓								✓				✓			✓			Can be made suitable for coeliacs on a gluten free base
Margherita with Light Mozzarella	✓				✓ Wheat	✓								✓				✓			✓			Can be made suitable for coeliacs on a gluten free base

INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>PICCOLO PASTAS</b>																										
Piccolo Bolognese					✓	✓								✓	✓	✓	✓	✓								None
Piccolo Napoletana	✓				✓	✓					✓					✓		✓				✓				None
Piccolo Pasta Bianca	✓				✓	✓					✓			✓	In Sauce			✓				✓				None
<b>PICCOLO SALAD</b>																										
Piccolo Pollo Salad (served w. dough balls)	✓				✓	✓	✓				✓						✓	✓	✓	✓	✓					None
Piccolo Pollo Salad (served w. polenta chips)	✓				✓	✓	✓				✓						✓	✓	✓			✓				None
Piccolo Pollo Salad (served w. gluten free dough balls)	✓					✓	✓				✓						✓	✓	✓	✓	✓			✓		None
<b>PICCOLO DESSERTS</b>																										
Vanilla Sundae with Baby Cone	✓				✓	✓					✓											✓				Can be made suitable for coeliacs without the cone
Raspberry Sorbet with Baby Cone					✓						✓											✓				Can be made suitable for coeliacs without the cone
Piccolo Gluten-Free Brownie	✓					✓	✓				✓									✓		✓		✓		None
Piccolo Ice Pop																						✓	✓	✓		None
Claudi & Fin Mango and Yoghurt Lolly	✓																					✓		✓		None
Bambinoccino	✓																					✓		✓		None

At PizzaExpress your lifestyle choices and dietary requirements are just as important to us as they are to you.

We hope you enjoy our Vegan Mozzarella Alternative which is made with sprouted Italian brown rice. It is free of gluten, lactose, soy, nuts, preservatives, palm oil and, is suitable for those with dairy allergies.

Below, details how you can have our lovely dishes suitable for either a Dairy Allergy or Vegan Lifestyle. You will notice that not all of our dishes are listed below. As your safety is of an absolute paramount to us we have chosen these dishes as appropriate controls have been implemented to make them suitable. We ask that these are the only changes made to our dishes but this is not to say that more choice won't be added in the future as we are always listening to you

## DISHES SUITABLE FOR VEGANS

DISH	SUITABLE?
Marinated Olives	No changes needed
Rustica Tomatoes	No changes needed
Dough Balls	Remove Garlic Butter replace with olive oil
Bruschetta Originale	Remove Garlic Butter and Pesto
Superfood Salad	Remove Dressing
Margherita	Mozzarella can be replaced with our vegan mozzarella alternative
Margherita Bufala	Buffalo mozzarella can be replaced with our vegan mozzarella alternative
Padana	Mozzarella and Goats Cheese can be replaced with our vegan mozzarella alternative
Pianta	No changes needed
Soho 65	Mozzarella, Bufalo Mozzarella and Gran Milano can be replaced with our vegan mozzarella alternative
Vegan Giardiniera	No changes needed
Veneziana	Mozzarella can be replaced with our vegan mozzarella alternative
Mixed Leaf Salad	Remove Dressing
Polenta Chips	Remove Gran Milano and Dressing
Raspberry Sorbet	No changes needed
Coconut Delight	No changes needed

	SUITABLE FOR A DAIRY FREE DIET		
DISH	SUITABLE?		
Marinated Olives	No changes needed		
Roasted Tomatoes	No changes needed		
Dough Balls	Remove Garlic Butter replace with olive oil		
Bruschetta Originale	Remove Garlic Butter and Pesto		
Caesar Salad Started	Remove Egg, Dressing and Gran Milano		
Calamari	Remove Dressing		
Salad Nicoise	Remove Dressing and Egg		
Pollo Salad	Remove Dressing and Goats Cheese		
Grand Chicken Caesar Salad	Remove Dressing, Gran Milano and Egg		
Superfood Salad	Remove Dressing		
American	Mozzarella can be replaced with our vegan mozzarella alternative		
American Hot	Mozzarella can be replaced with our vegan mozzarella alternative		
Diavolo	Mozzarella can be replaced with our vegan mozzarella alternative		
La Reine	Mozzarella can be replaced with our vegan mozzarella alternative		
Margherita	Mozzarella can be replaced with our vegan mozzarella alternative		
Margherita Bufala	Buffalo mozzarella can be replaced with our vegan mozzarella alternative		
Padana	Mozzarella and Goats Cheese can be replaced with our vegan mozzarella alternative		
Pianta	No changes needed		
Pollo ad Astra	Mozzarella can be replaced with our vegan mozzarella alternative		
Pollo Forza	Mozzarella can be replaced with our vegan mozzarella alternative		

	SUITABLE FOR A DAIRY FREE DIET		
DISH	SUITABLE?		
Sloppy Giuseppe	Mozzarella can be replaced with our vegan mozzarella alternative		
Vegan Giardiniera	No changes needed		
Soho 65	Mozzarella, Buffalo Mozzarella and Gran Milano can be replaced with our vegan mozzarella alternative		
Veneziana	Mozzarella can be replaced with our vegan mozzarella alternative		
Mixed Leaf Salad	Remove Dressing		
Polenta Chips	Remove Gran Milano		
Raspberry Sorbet	No changes needed		
Coconut Delight	No changes needed		

**ENJOY**  
YOUR MEAL

# SOMETHING SCRUMPTIOUS FOR EVERYONE

## Milano Summer Specials Allergens Information

Our allergen and suitability menu below details information on our ingredients and dishes. This information is also held within the restaurant to help you make the right choice – please ask our team

20th June 2017 Version 2



INGREDIENT	DOES IT CONTAIN?																				ARE THESE SUITABLE FOR?	INFO				
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion	Alcohol/derivatives of alcohol/Vinegar	Rapeseed			Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
Chicken Milanese					✓ Wheat	✓						✓														None
Coconut Sorbet (ingredient)						✓																	✓	✓	✓	Dairy Free
Crocchette Milano (Ingredient)	✓				✓ Wheat															✓						Pasteurised Milk
Frank's Red Hot Buffalo WIng Sauce																	✓		✓ Vinegar			✓	✓	✓		None
Seafood Rigatoni	✓	✓	✓			✓											✓		✓ Wine					✓		Pasteurised Milk
Smoky Creamed Corn	✓					✓												✓	✓ Vinegar			✓		✓		Pasteurised Milk
Summer Tiramisu (Ingredient)	✓				✓ Wheat	✓	✓												✓ Wine		✓	✓				Pasteurised Milk and Egg
Vegan Mozzarella Alternative																			✓ Vinegar			✓	✓	✓		Dairy Free

INGREDIENT	DOES IT CONTAIN?																		ARE THESE SUITABLE FOR?	INFO						
	Milk/Dairy	Fish	Crustaceans	Molluscs	Cereals containing gluten	Maize	Egg	Peanuts	Nuts	Sesame Seeds	Mustard	Soya	Lupin	Celery	Mushrooms	Tomatoes	Garlic	Onion			Alcohol/derivatives of alcohol/Vinegar	Rapeseed	Sulphur Dioxide / Sulphites	Vegetarian	Vegan	Coeliacs
<b>STARTERS</b>																										
Crocchette Milano	✓				✓ Wheat												✓		✓ Vinegar	✓						None
<b>AL FORNO</b>																										
Seafood Rigatoni	✓	✓	✓			✓											✓		✓ Wine					✓		None
<b>PIZZA</b>																										
Zapparoli	✓				✓ Wheat	✓											✓	✓	✓							Can be made suitable for coeliacs on a gluten free base
Vegan Giardiniera					✓ Wheat										✓	✓	✓	✓			✓	✓	✓			Can be made suitable for coeliacs on a gluten free base
<b>SALAD</b>																										
Pollo alla Milanese	✓				✓ Wheat	✓			✓ Pine Kernels		✓				✓	✓			✓							None
<b>DESSERT</b>																										
Summer Tiramisu	✓				✓ Wheat	✓	✓												✓ Wine		✓	✓				Pasteurise Milk and Egg
Coconut Delight						✓																✓	✓	✓		None

**ENJOY**  
YOUR MEAL